

1992 - 2012

Marinated Chicken Skewers with Mashed Potato Trio









1992 - 2012

Marinated Chicken Skewers with Mashed Potato Trio



Ingredients (Serves 4)

White Toque

Description Item code
2 tbsp Roasted Tomato Glacis 59605
2 tbsp Onion Glacis 59601
8 oz Mashed Potato Pellets 53205
1 oz Carrot Glacis 59602
1 oz Red Beet Glacis 59600

At your local supermarket

Description

1 Chicken Breast

1/2 Red Onion 8 Bamboo Skewers

2.5 oz Milk

2.5 0Z WIIK

1 oz Butter

Grapeseed Oil

Cooking directions

- 1. Cut chicken into small cubes.
- 2. Whisk tomato and onion glacis' together.
- 3. Pour over chicken and marinate 3 hours to overnight (as desired).
- 4. Cut a red onion into 1/2" pieces.
- 5. Alternately skewer chicken and onion pieces with bamboo skewers.
- 6. Heat the milk to below scalding.
- 7. Add mashed potato pellets to milk and head throughout.
- 8. Add butter to milk and potato mixture.
- 9. Season, with salt and pepper, mashed potatoes as desired.
- 10. Divide mashed potatoes into three parts. Set one aside.
- 11. Incorporate carrot glacis into second portion of mashed potatoes.
- 12. Incorporate red beet glacis into the remaining portion.
- 13. Display the three colors of mashed potatoes on the plate.
- 14. With grapeseed oil, sauté skewers and place on plate with mashed potatoes.
- 15. Decorate plate with a few drops of the carrot glacis and serve.